

2025 Prepare in a Year Campaign



#ItsNotLuck

Personal Disaster Plans – Make a Plan

The March Monthly Tip is to create your **Personal or Family Disaster Plan**. What is the importance of having a plan? Having an emergency disaster plan can help save lives and minimize the impact of the disaster on you. And YOU and your FAMILY are worth it!

Know Your Hazards: The first step in creating your emergency disaster plan is to learn what hazards are most likely to occur in your community. You can find what you are looking for on the County's Office of Emergency Services AlertSanDiego website: [Know Your Hazards](#) or FEMA's [Make A Plan | Ready.gov](#)


Develop Your Plan: Now that you know what hazards are most likely to occur in your community, it's time to develop your **Personal or Family Disaster Plan**.

- Review the layout of your home and find two ways to exit each room.
- Choose a safe primary and secondary place to meet up with your family outside your home.
- Have an out-of-state or area contact person that you / your family can **text** during emergencies.
- **Family and/or Personal Disaster Plan** books to help you develop your plan are **available in multiple languages** and can be found at: AlertSanDiego [Make a Plan](#), Listos CA Resources [Resource Hub – Listos California](#), our Quarterly Pop-up Events and your local County Branch Library.

Practice Your Plan: Walk through the plan and ask yourself: "Will it work if my family has to evacuate in an emergency?" "How will they remember the meet up locations?" "Will they remember the phone number to text the out-of-state or out of area contact?"

- Walk through your evacuation plan and ask: "What if?" for different scenarios and disasters.
- The more you practice your plan the easier it will be to remember it during an emergency!

Stay Informed: Your **Call to Action** is to Stay Informed. There are several ways to stay informed, but **it's important to use reliable sources** such as those listed below.

- It's a simple process to register for important alerts, so don't hesitate and ACT TODAY!
 - **AlertSanDiego:** [AlertSanDiego](#) **Alerts available in ASL  video**
 - **CAL FIRE – Ready for Wildfire:** [Home - Ready for Wildfire](#)
 - **Genasys Protect Evacuation:** [Genasys Protect](#)
 - **PulsePoint App or web-based link:** [PulsePoint](#)
 - **San Diego Emergency App:** [SD Emergency App](#)
 - **SDG&E:** Disability/Access & Functional Needs, and medical devices requiring electricity: [AFN Self-ID Webform](#) and <https://www.sdge.com/access-and-functional-needs-afn>
 - **San Diego Sheriff Twitter:** @SDSheriff

Ideas to Consider:

- Involve the entire family when making the plan. It will help them be more resilient during a disaster.
- **72-Hour Go-Bag:** Add one (1) or two (2) food items to your 72-hour go-bag this month.



March 2025 Monthly Tip – Create a Personal Disaster Plan

